

Young Adult Parish Inventory

Departments of
Lifelong Faith Formation and Youth & Young Adult Ministry
Diocese of Buffalo

Parish _____ City _____

Parish Information

Please provide the following demographic information. Give your best estimate of numbers if actual numbers are not available.

1. Total # of parishioners in the parish _____
2. Total # of people attending Mass on a typical weekend _____
3. Number of couples married in the past 12 months: _____
4. Number of children baptized in the past 12 months: _____
5. Number of children receiving First Communion in the past 12 months: _____
6. Number of children/teens confirmed in the past 12 months: _____
7. Number of adults confirmed in the past 12 months: _____
8. Number of adults involved in the RCIA in the past 12 months: _____
9. *For parishes conducting family or intergenerational programming:*
Number of families/households participating in faith formation programs: _____
10. Number of teens in grades 9-12 participating in faith formation programs: _____
11. Number of young adults (20s-30s) participating in faith formation programs: _____

Ethnic Diversity:

Check all the boxes that apply and provide an estimate of the % of your parish in each category. Write-in additional ethnic groups in your parish

- European-Americans/White % _____
- African-American % _____
- Hispanic/Latino American % _____
- Asian-American % _____
- Other: _____ % _____
- Other: _____ % _____

Millennial Milestone Information

1. Post-Confirmation Engagement

Please briefly describe what is offered for young people following the celebration of Confirmation.

Leadership: who is responsible?

Spiritual Formation

- What types of spiritual development experiences/programs does your church provide for adolescents who have already celebrated the sacrament of Confirmation (e.g., prayer, liturgical seasons, ritual celebrations, retreats, online resources)?

- Which prayer practices do you teach adolescents who have received Confirmation, e.g., silence and silent prayer, centering prayer, Eucharistic adoration, meditative prayer, guided meditation, reading the Bible, guided meditation, praying with poetry, art, or music, etc.?

Justice and Service Projects

- How are adolescents engaged in service to those in need after celebrating the sacrament of Confirmation—in the parish, in the community, in the world? What types of service programs and activities does your church provide for these adolescents? How are these adolescents prepared for service and debriefed after a service opportunity?

Pastoral Care

- How does the parish community care for adolescents after Confirmation who are hurting or in need of healing or human services (e.g. bereavement counseling, mental health referrals, addictions, unhealthy sexual activity, etc.)? What type of preventative programs are offered to help these adolescents build skills for healthy living and avoid high-risk behaviors?

Participation and Leadership

- What kind of opportunities do adolescents have after Confirmation to practice their faith through hands-on participation in the ministries and activities of the congregation and how are they prepared?

Program Models *Please check all that apply:*

- Mini-Course Catechetical Program
- Small Faith Communities
- Independent Learning
- Retreat Programs
- Summer Catechetical Program
- One-on-one mentoring relationships (for careers, college, or parish ministry)
- Other model: _____

PLEASE BRING THIS TO THE MILLENNIAL MILESTONES CONFERENCE ON JAN. 19, 2010.

2. The College Experience

Consider the college students in your community such as: students from the parish who are commuting, students from the parish who are away from home; and students who are from a different area and attending school near your parish. Please briefly describe what is offered for college students:

Leadership: who is responsible?

Spiritual Formation

- What types of spiritual development experiences does your church provide for college students (e.g., prayer, liturgical seasons, ritual celebrations, retreats, online resources)?

- Which prayer practices are you cultivating among college students, e.g., silence and silent prayer, centering prayer, Eucharistic adoration, meditative prayer, reading the Bible, guided meditation, praying with poetry, art, or music, etc.?

Pastoral Care

- How does the parish community care for college students who are hurting or in need of healing or human services (e.g. bereavement counseling, mental health issues, addictions, unhealthy sexual activity, etc.)? What type of preventative services are offered to help these students build skills for healthy living and avoid high-risk behaviors?

Justice and Service Projects

- How are college students engaged in service to those in need—in the parish, in the community, in the world? Are these opportunities available during traditional college break times near holidays and in summer?

Congregational Life

What kinds of opportunities does the congregation have to offer support/prayer, etc for college students? How does the parish prepare and invite college students to participate in the life of the community through worship, prayer, service, learning, relationships, and leadership? Are there connections with those who are away from home for college?

Program Models; *Please check all that apply:*

- Lectionary-based Catechetical Program
- Mini-Course Program
- Small Faith Communities
- Independent Learning
- Monthly Gathering with Teaching
- Retreat Programs
- Sending Forth / Welcome Home Ritual
- Special Blessings
- Web site with resources and prayers
- Other model: _____

3. Adult Confirmation

Please briefly describe what is offered for adults preparing for Confirmation:

Leadership: who is responsible?

Preparation process

- Parish Program / Invitation process

- Family Involvement

- Role of Sponsors / Adults

- Additional Features

Spiritual Formation

- What types of spiritual development experiences/ programs does your church provide for young adults seeking Confirmation (e.g., prayer, liturgical seasons, ritual celebrations, retreats, online resources)?

- Which prayer practices are developed for adults preparing for Confirmation, e.g., silence and silent prayer, centering prayer, meditative prayer, Eucharistic adoration, guided meditation, reading the Bible, guided meditation, praying with poetry, art, or music, etc.?

Justice and Service Projects

- How are young adults preparing for Confirmation in service to those in need – in the parish, in the community, in the world?

Congregational Life

- What kinds of opportunities do young adults preparing for Confirmation have to practice their faith through hands-on participation in the ministries and activities of the congregation?

Program Models/Duration, *please check all that apply:*

- Lectionary-based Catechetical Program
- Mini-Course Catechetical Program
- Independent Learning / Online resources
- Mentor relationship
- Retreat Programs
- Other model: _____

4. Marriage Preparation & After

Please briefly describe what is offered for those preparing for Marriage:

Marriage Preparation

- Parish Program / Leadership

- Involvement of parish community

- Additional Features

Spiritual Formation

- What types of spiritual development experiences/ programs does your church provide for couples preparing for marriage and those recently married? (e.g., prayer, ritual celebrations, retreats, online resources)?

- Which prayer practices are shared with couples preparing for marriage e.g., silence and silent prayer, centering prayer, meditative prayer, guided meditation, reading the Bible, praying with poetry, art, or music, etc.?

Justice and Service Projects

- How are couples preparing for marriage engaged in service to those in need – in the parish, in the community, in the world?

Pastoral Care

- How does the parish community care for “to be married” or newly married adults who are hurting or in need of healing or human services (e.g. spiritual direction or companionship, counseling for grief, mental health issues, addictions, etc.)? What types of preventative services are offered to help these adults further develop their skills for coping and life (e.g. communication skills, stress reduction techniques, budgeting and finances, etc.)?

Congregational Life

- What kinds of opportunities does the congregation have to support, pray for, and acknowledge newly married couples? What kinds of opportunities are newly married couples invited to? How do newly married couples find support for their faith and vocation?

Program Models, *please check all that apply:*

- Small Faith Communities
- Independent Learning
- Monthly / Seasonal Gathering
- Retreat Programs
- Social Gatherings
- Mentoring
- Other model: _____

5. Infant Baptism Preparation & After

Please briefly describe what is offered for parents preparing to have their baby baptized:

Baptism Preparation for Infants

- Parish Program / Leadership

- Family Involvement

- Role of Sponsors / Adults

- Additional Features

Spiritual Formation

- What types of spiritual development experiences does your church provide for parents preparing for the baptism of their child and after the celebration of the sacrament? (e.g., prayer, liturgical seasons, ritual celebrations)?

- Which prayer practices do parents preparing for the baptism of their child experience, e.g., silence and silent prayer, centering prayer, meditative prayer, reading the Bible, guided meditation, praying for a safe delivery, family blessings, prayer for families adopting, etc)

Justice and Service Projects

- How are parents preparing for the baptism of their child engaged in service to those in need – in the parish, in the community, in the world?

Pastoral Care

- How does the parish community care for “parents to be,” new parents, or parents whose child is ill or has died? What type of preventative programs or services are offered to help these adults further develop their skills for parenting, coping and life (e.g. communication skills, forming the faith, stress reduction techniques, budgeting and finances, etc.)?

Congregational Life

- What kind of opportunities does the congregation have to support the newly baptized and their parents? How does the parish prepare parents to participate in the life of the community through worship, prayer, service, learning, relationships, and leadership?

Program Models, please check all that apply:

- Mini-Course Program
- Small Faith Communities / Support Groups
- Independent Learning
- Monthly Gathering / Social Events
- Retreat Programs
- Childcare provided at parish events
- Published or web resources to support parents in their new role
- Other model: _____